



"RISE ABOVE COVID - The Sequel" January 29-30, 2021
VIRTUAL CONVENTION VIA ZOOM - EDEN PRAIRIE, MN

Friday, Jan. 29

- 1:00 - 4:00 p.m. **Executive Council Meeting**
Everyone welcome! Contact CSC for login info if you are interested.
- 6:30 - 7:30 p.m. **State Delegate Roundtable**
Connect with AVP Michelle & your fellow State Delegates to share experiences and ideas. District Directors will join to share information about being a District Director as well.
- 7:00 - 7:30 p.m. **1st Timer's Meeting**
New to Convention? "First Timers" we welcome you to the Winter State Convention! Please plan on joining us for a Social on Zoom. Details will be sent to chapter emails. If you would like to let MMC Chair Michelle know you plan on joining the social you can send her a note at mmc@mnwt.org so she sends you login and other fun stuff to your personal email. We may not be in person but there is still lots of fun to be had and get your convention off on the right note.
- 7:30 - 8:00 p.m. **Membership Social**
All members are welcome to join the M-Team for what will hopefully be our last all-online social this year. In addition to hanging out and catching up with your Women of Today sisters, we invite you to bring your favorite snacks and drink and make your own Charcuterie board with us. Check out the Member Home page for more info & suggestions for your board!
- 8:00 - 9:00 p.m. **Programming Fair Bingo**
Come meet the SPMs for five fun rounds of SPM Bingo! Anyone can join via Zoom. To play BINGO you need to be registered by January 26th in order to receive your unique BINGO board. Contact PVP Anna with any questions at pvp@mnwt.org
- 9:00- 9:30 p.m. **District Socials**
Time for Districts to gather together to promote District Excitement and catch up on what's going on in your chapters! District Directors will send out their specific Zoom login to their chapters.

Saturday, January 30

- 8:00 - 8:30 a.m. **Fellowship Service - "Brain Dumps"**
Do you feel overwhelmed by your to do list? Do you have so much going on that you don't know where to start? Does your brain hurt from being so full? Yes? Then L&L SPM Melanie will teach you how to brain dump and ease your mind of all the things going on up there! Have a notebook and pen on hand and she will help you calm your mind.

Saturday, January 30

- 8:00 - 9:00 a.m. **Voting & Financial Credentials**
- 9:00 - 11:00 a.m. **Business Meeting**
- 11:30 a.m. - 1:30 p.m. **Training Sessions & Forums**
- 11:30 a.m. **What does Giving Power to our Communities Really Mean?**
Join Community Connections SPM Tawn for an interactive discussion about opportunities within our communities, with special attention given to Habitat for Humanity.
- 12:00 p.m. **You Don't Look Mentally Ill**
The majority of the stigma around mental illness comes from a lack of knowledge and understanding about mental health; this stigma leads to prejudice and mistaken beliefs. Join Women's' Wellness SPM Jeny and guest speaker Maureen Edstrom to learn about mental health education and how to listen to and support those with mental health concerns. Maureen Edstrom is a retired speaker and mental health advocate who lives with bipolar disorder
- 12:30 p.m. **Supporting the Families of Children's MN**
Join Youth of Today SPM Glorie and a representative from the Children's MN Foundation for a short video and information about upcoming events. We will end this session with a fun game to support the Foundation!
- 1:00 p.m. **Wonders About Wonderful Wishes**
Come celebrate our sticker collections with Wishes & More SPM Jennifer as she shares some of the wishes that have been granted since Wishes & More began in 2005.
- 1:30 - 2:00 p.m. **Impromptu Competition**
Join Living & Learning SPM Melanie for some fun, impromptu speaking with your fellow members! There will be no registration fee for this virtual event.
- 2:30 - 3:15 p.m. **2020-21 Outstanding Awards Program**
Join us to recognize our Outstanding Young Adult, Person With Determination and Women Who Impact honorees.
- 3:30 - 5:30 p.m. **MNWT 2nd Trimester Awards & Recognition Program**
Celebrate our successes from 2nd trimester with SUCCESS, Programming, Membership & Presidential Awards.