

PEP Course Guidelines

Here are the guidelines for the Personal Enrichment Program Courses.

Course length is a minimum of 30 minutes.

Courses that qualify will be topic courses offered through our Minnesota Women of Today manuals. These courses are available through the State Store.

- Communications
- Financial Management
- Personality
- Stress Management
- Leadership
- Motivation
- Team Building
- Time Management

These video courses and order forms are available through the Chapter Service Center:

- Conversation Power in Action
- Self – Esteem
- FISH (Catch the Energy, Release the Potential)
- Change
- How to be a Winner (to be released 2004)

If a course is not offered through the above manual topics, the member must provide an outline, which must be pre-approved for certification by the Personal Enrichment State Program Manager. She, along with the Internal Vice President, will determine if the submitted course is suitable for the Personal Enrichment area. It is important to submit this course outline 2-3 weeks in advance to allow for approval.



Minnesota Women of Today

Personal Enrichment Program Certification

Personal Enrichment Programs (PEP) course manual topics that are not available through the Minnesota Women of Today State Store must be approved prior to PEP course certification. See PEP Course Outline form for more information. Mail to the Living & Learning state program manager as soon as certifications are completed. No substantiating materials needed.

Chapter _____ District _____

Print LPM Name _____ Date _____

LPM Address _____

LPM Email _____ LPM Phone _____

Title of Personal Enrichment Course _____

Date(s) Ran _____ Length of Program _____

Brief explanation what was done. _____

Participants' Names (Please type or print very clearly)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____
13. _____
14. _____
15. _____

Signature - Local Program Manager _____

Signature - Local Chapter President _____



Minnesota Women of Today

Personal Enrichment Program Course Outline

Personal Enrichment Program (PEP) course manual topics that are not available through the Minnesota Women of Today State Store must be approved prior to PEP course certification. Complete the following outline form and submit it to the Living & Learning state program manager. She, along with the internal vice president, will determine if the submitted course is suitable for the Personal Enrichment area. Note that PEP courses should make a change in your life and/or behavior, and should include interaction between the facilitator and participants.

Chapter _____ District _____

Print Name _____ Date _____

Address _____

Email _____ Phone _____

Course Outline

I. Title

II. Purpose

III. Time Frame

IV. Goals

V. Materials Used

VI. Activities and/or Exercises Used

VII. Course Evaluation